l’ora legale | daylight saving time

Vocabolario

l’ora legale | *daylight saving time* (when daylight saving time begins, and our clocks move ahead)

Daylight saving time is known as *l’ora legale* in Italian, and it is when we turn our clocks ahead one hour. When daylight saving time ends in October, *l’ora solare* returns, and we “fall back” by rolling our clocks back one hour.

In the United States, Daylight Saving Time (DST) occurs two weeks before Italy and most European countries so for two weeks the time difference only 5 hours ahead instead of the usual 6!

If you want to learn more about daylight saving time in Italy, **check out the Wikipedia article in Italian on the subject** and see if there are any other words and expressions that you can learn.

l’ora solare | *solar time, standard time* (when daylight saving time ends, and our clocks move back)

l’orologio, gli orologi* | *clock, clocks, watch*

l’orologio portatile da polso | *wrist watch*

l’orologio portatile da taschino | *pocket watch* *also, **l’orologio** can also mean watch
(also known as **una cipolla or l’orologio a cipolla**)

la lancetta, le lancette | *hand, hands* (on a clock)

avanti | ahead, forward; can also mean ‘fast’:

Il mio orologio è **avanti** di dieci minuti.
My watch is 10 minutes fast.

indietro *back*; can also mean ‘slow’:

Il mio orologio è **indietro** di cinque minuti.
My watch is 5 minutes slow.

portare l’orologio avanti di un’ora t*o turn the clock forward an hour, to turn the clock ahead an hour*

spostare (in) avanti le lancette dell’orologio/degli orologi *to turn/to move the clock forward an hour*

portare l’orologio indietro di un’ora *to turn/to move the clock back an hour*

spostare indietro le lancette dell’orologio/degli orologi *to turn the clock back an hour*

Other time expressions:

avere le ore contate: *to live on borrowed time*

in punto: *sharp* or *on the dot*

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